

The Open Road

(Circ. 1200)

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Editor: James W. Schmidt

The Open Road is published three times a year (spring, summer & fall/winter) and is one of the benefits of a full membership in Edgar Cayce Canada.

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James W. Schmidt, Editor,
1510 Bird Lake Rd., R.R. 3,
Bracebridge, Ontario, P1 L 1X1
Tel. toll free 1-866-ECC-8209 (322-8209)
Email: openroad@edgarcaycecanada.com
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Publié par: Edgar Cayce Canada
Rédacteur: James W. Schmidt

Le journal The Open Road est publié trois fois par an (printemps, été & automne/hiver) et fait partie des bénéfices d'adhésion à Edgar Cayce Canada.

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Editor's Notebook ... James Schmidt

Recently, I had the pleasure of visiting our three daughters and their families who all live on the west coast. I had embarked on this journey with 'cold coin' in pocket feeling the threat of a cold coming on. I had just read the article in this issue from the 'Country Nurse' and was well armed for the attack. My task for the flight home was to write something inspirational for this issue of The Open Road.



Our daughters graciously fit me into their busy schedules of careers, family and child rearing, with lovely experiences in sight-seeing, dining out, golfing and reminiscing. As I watched them rushing to and fro, I pondered as to how I could help them. As I pondered this and to obtain inspiration for writing this piece, before going to sleep one night I asked the universe to provide me with a short, understandable message before waking up. In the short state between sleep and wake the next morning I dreamed that I was in an arena figure skating, balancing beautifully, elegantly skating and performing graceful acrobatics - then woke up. The message was indeed brief but well understood. "Balance".

One of my tasks as editor of The Open Road is looking for balance in the material being presented. I was also reminded that my visit with the girls had not only provided them with the opportunity for "balance" in their busy lives taking time to entertain me, but also reminded me to seek balance in my own life, taking more time for recreation.

As the Cayce readings point out: "All work and no play is as bad as all play and no work." (2823-3) "The life must be well-balanced life, not lopsided in any manner, to bring contentment." (349-6) "He who does not give recreation a place in his life just fools self and will some day be paying the price." (3352-1)

So my friend, may I offer you the same thought, seek "balance" in your life and you will be richly blessed.

Happy reading and may the true meaning and spirit of Christmas be with you!

James

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"If there has been one soul turned toward the seeking of the Divine within, and that seeking has brought peace and understanding, the work has not been in vain, ... Rather let each expression be of how much joy, happiness, service has been rendered to the varied individuals." (254-86)